

## Utilitarian Garden

### Herbs, Fruit, Flowers and Shrubs



**Name:** *Beta vulgaris* / beets & Swisschard 'Bright Lights'

**Size:** 1-1.5x1-1.5'

**Condition:** full sun-part shade

**Type / Zone:** Annual bulb / N/A

**Season:** cool season

**Harvest:** edible stalks & root / cool season plant



**Name:** *Brassica angustifolia* 'Hidcote' / kale, Dinosaur & Russian

**Size:** 1-1.5x1-1.5'

**Condition:** full sun

**Type / Zone:** Annual / N/A

**Season:** cool season

**Harvest:** edible foliage